

RAINBOW MESSENGER

OCTOBER, 2009



• **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



• **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



• **FITNESS ROOM:**

Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



• **CARDS:** - Card tables available for your use on a daily basis.



• **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.



• **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



• **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help keep your joints limber.



• **TLC CLASS (Tender Loving Crafts Class):** Are you ready to try something new? We've got just the thing for you! Join the

TLC (Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room. The studio fee is \$3.00 per session. Project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month's projects are:

Oct. 6th– **Halloween Yarn Dolls**
 Oct. 13th– **Fall Floral Wreaths**
 Oct. 20th– **Jack O'Lantern**
 Oct. 27th– **Halloween Party - Make your Mask / Apple Cider**



• **SINGING SENIORS:**

The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. **On Friday, October 16th we will be singing at The Providence Home at 10:00 a.m.** Come join them some time.



• **BINGO** will be held on **Tuesdays, October 13th and 27th** beginning at **12:00 noon.**

We ask you to keep bills to \$5 and under or correct change.

Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect. The October 27th bingo will be Halloween Bingo. We'll have costume judging before the bingo starts in the following categories: most original, prettiest and most unusual. Winner's receive free bingo games.



• **QUILTING BEES** will be held on **Mondays, October 12th and 26th** from **9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided.

We appreciate all the quilting that you do for us!!

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• **CARD TOURNEYS:**

- **Thursday, Oct. 15th**
Euchre Tourney
- **Tuesday, Oct. 20th**
Sheephead Tourney
- **Thursday, Oct. 29th**
Rum Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Tourneys consist of six (6) games for Euchre and Sheephead with Rum playing seven (7) games. Please sign up by 10:00 a.m. the morning of the tourney. Hope you'll join us.

- **CATERED MEAL:** **Thursday, October 22nd at 11:30 a.m.** Grandy's will be catering our monthly meal. The menu is: Country Fried Steak, Mashed Potatoes, White Gravy, Green Beans, Slaw, Roll and Unsweetened Tea for \$6.00. **Reservations are due by 12 p.m. Thursday, October 8th.** Please have correct change to pay that day. Be sure to join us for a great meal and enjoy being together.



- **CROCHET CLUB** will meet at **1:00 p.m. Wednesday, October 7th** in the Craft Room at the Center. All Senior Citizens who enjoy crocheting are welcome to join us. Come in or call 482-4455 if you're interested in teaching or want to learn to crochet. It's also a time to share patterns, show your work and meet new friends.

*******SPECIAL ACTIVITIES:*******

- **LUNCH BUNCH:** Make plans to join us for lunch at Yaggi's on **Friday, October 16th** at 11:30 a.m. They have a fish special, buffet or you can order from the menu. Lunch is dutch treat. **Be sure to call your reservation in to the Center at 482-4455 by 3:00 p.m. Friday, October 9th.**



- **BOOK CLUB:** If you enjoy reading, join our Book Club on **Wednesday, October 28th at 1:00 p.m.** We'll be discussing the book "The 8th Confession" by James Patterson. Our November-December meeting will be held at 1:00 p.m. on Wednesday, December 2nd. Please read the book "Just Take My Heart" by Mary Higgins Clark, which we'll discuss on December 2nd at 1:00 p.m.

- **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays. Please call the Center at 482-4455 if you can open for us.
- **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.

CORNHOLE: We have access to some very nice Cornhole boards. We invite you to come in to give them a try on Thursday, mornings October 1st, 8th and 22nd after our exercise class. If the banquet room is not being used you can play Cornhole in there, otherwise we'll find someplace for you. If you need more information, please feel free to call us at 482-4455. Bring a friend to throw against if possible. You'll have lots of fun playing cornhole!!

- **TRIP:** Our trip to Huber's Orchard on **Wednesday, October 21st will leave the armory at 9:30 a.m.** Pick-ups will be made in Huntingburg and Ferdinand, if you requested.

• **FUTURE ACTIVITIES:**

- **CATERED MEAL:** **Tuesday, November 17th** mark your calendar for our catered meal. We'll be eating a late breakfast at 11:00 a.m. catered by Sander Catering. I hope you'll join us. The menu will be: Bacon, Scrambled Eggs, German Fries, Biscuit & Gravy and Coffee. **Cost is \$5.00 with reservations due by 3:00 p.m. on Monday, November 3rd. You can sign-up at or after our October Catered Meal.**



• FUTURE TRIPS:

NOVEMBER - Trip to Casino Aztar planned for **Thursday, November 12th**. We will leave **Jasper Armory parking lot at 9:30 a.m.** for Casino Aztar. We'll

pick-up in Huntingburg upon request. Cost of the trip is \$6.00. Please bring correct change. You'll receive: free buffet lunch, \$5.00 cash coupon and transportation. To get this "deal" a manifest will be passed out for you to sign on the way to Casino Aztar. **Sign-ups start at 1:00 p.m. on Thursday, October 1st. Someone will be in the Banquet Room at 12:30 p.m. to pass out tickets.** Each person can sign-up to four (4) Dubois County Senior Citizens age 55 and older. We request one (1) phone number per group when signing up. Also think positive and bring your photo I.D. (driver's license i.e.) the day of the trip for winning big!

• **DECEMBER** - Derby Dinner's Christmas Show "A WONDERFUL LIFE 2009" - we have reserved seats for **Tuesday, December 15th** matinee dinner performance. It is "a musical adaptation of the Frank Capra film brought to life on the Derby Dinner stage! An uplifting story of dreams, love and the extraordinary lives of ordinary people". We will leave the **Jasper Armory at 10:15 a.m.** and will pick up at Huntingburg and Ferdinand upon request. Price of the trip is \$45.00 which includes: reserved seat, dinner, show, tax and dinner gratuity and transportation. **Sign-ups start by phone at 7:30 a.m. on Wednesday, October 28th. Money is due by 3:00 p.m. on Tuesday, November 17th.**

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MEDICATION COLLECTION:

Fall medication collection will be held on Friday, October 9th at the following times and locations:

- **9:30-10:30 a.m. Dubois, Holland and St. Anthony Fire Stations**
- **11:30 a.m. - 1:30 p.m. Jasper (6th Street Location), Ferdinand and Huntingburg Fire Stations.**



• RECIPE EXCHANGE:

PEANUT CORNFLAKE COOKIES

1 - Cup Sugar 1 - Cup White Syrup
Bring to a boil / set off stove.
Stir in 16 oz. Jar Peanut Butter and mix well.
Then stir in 5 - Cups Cornflakes
Stir and coat well.
Then spoon out on wax paper and let cool.

Submitted by: Lavon Propes



• **BOOMERAMA:** Scott Burgess, Executive Director of TRI-CAP, will discuss the mission, goals and services available through this Community Action Program. This October lunch and learn will be held on **Monday October 19th at 12:00 p.m.** in the banquet room of the Habig Community Center. All are welcome to attend and have lunch provided for \$5.00 fee of feel free to brown bag it. **Reservations for lunch are due by Thursday, October 15th** by calling Marge at 482-4455.

As always the program is sponsored by: TRI-CAP RSVP / Habig Center-Older Americans / Dubois County Substance Abuse Council. It is a program that blends education, recreation and service opportunities to encourage people to stay-well through balanced, healthy choices.



HAPPY OCTOBER BIRTHDAYS!!

4th Hilma Stenftenagel
4th Joan Lechner
6th Georgina Blessinger
7th Beverly Castelli
8th Verena Schroeder
9th Laurretta Verkamp
14th Charlie Seger
15th Norma Hasenour
19th Alberta "Bert" Boehm
21st Kathy Haas
23rd Alfred Coffey
23rd Don Krusenklau
23rd Urban Wilmes
24th Betty Epple

HAPPY OCTOBER ANNIVERSARIES!!

10th Mr. & Mrs. Norbert Lueken
15th Mr. & Mrs. Charlie Seger